Living Shorter, Dying Longer: A Critical Examination of Modern Healthcare



Living Shorter, Dying Longer by Joseph Tully

★ ★ ★ ★ ★ 4.6 out of 5 Language : English File size : 1363 KB Text-to-Speech : Enabled Enhanced typesetting: Enabled Word Wise : Enabled Print length : 446 pages Lending : Enabled Screen Reader : Supported



By Joseph Tully

In his groundbreaking book, Living Shorter, Dying Longer, Joseph Tully challenges the conventional wisdom of modern healthcare. Tully argues that our current system is actually making us sicker and shortening our lives. He provides a wealth of evidence to support his claims, and offers practical advice for how we can create a healthier and more sustainable healthcare system.

Tully begins by examining the history of modern healthcare. He shows how the rise of the pharmaceutical industry and the development of new medical technologies have led to a focus on treating symptoms rather than addressing the underlying causes of disease. This approach, Tully argues, has resulted in a healthcare system that is expensive, ineffective, and harmful.

Tully then provides a detailed critique of the current state of healthcare in the United States. He shows how our healthcare system is failing to meet the needs of the population. He discusses the high cost of healthcare, the lack of access to care, and the poor quality of care.

Tully concludes by offering a vision for a healthier and more sustainable healthcare system. He argues that we need to focus on prevention and early intervention. We need to create a healthcare system that is affordable, accessible, and effective. And we need to promote healthy lifestyles and healthy communities.

Living Shorter, Dying Longer is a must-read for anyone who is concerned about the state of healthcare in the United States. Tully's book is a powerful indictment of the current system, and it offers a clear path forward to a healthier and more sustainable future.

About the Author

Joseph Tully is a physician and author. He is a graduate of the University of Pennsylvania School of Medicine and the Harvard School of Public Health. He has worked as a physician in both the United States and the United Kingdom.

Tully is the author of several books on healthcare, including Preventive Medicine: A Guide to Staying Healthy and The Future of Healthcare. He is

also a regular contributor to the Huffington Post and The Guardian.

Reviews

"Living Shorter, Dying Longer is a groundbreaking book that challenges the conventional wisdom of modern healthcare. Tully argues that our current system is actually making us sicker and shortening our lives. He provides a wealth of evidence to support his claims, and offers practical advice for how we can create a healthier and more sustainable healthcare system." - **Dr. David Katz, Director of the Yale-Griffin Prevention Research Center**

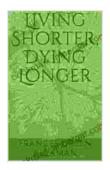
"Tully's book is a must-read for anyone who is concerned about the state of healthcare in the United States. He offers a powerful indictment of the current system, and a clear path forward to a healthier and more sustainable future." - Dr. Dean Ornish, author of Dr. Dean Ornish's Program for Reversing Heart Disease

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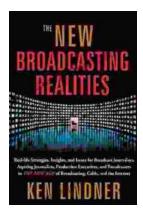
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