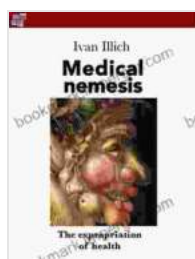


# Medical Nemesis: The Expropriation of Health

By Ivan Illich

In his groundbreaking book, *Medical Nemesis: The Expropriation of Health*, Ivan Illich argues that the medical establishment has become a powerful force that is more interested in making money than in promoting health. He provides a wealth of evidence to support his claims, including statistics, studies, and case histories. He also offers a number of solutions to the problems he identifies.

Illich begins by arguing that the medical establishment has created a false dichotomy between health and illness. He argues that there is no such thing as a healthy person, and that everyone is sick to some degree. This is not to say that there are no such things as diseases, but rather that diseases are simply one part of the human experience. Illich argues that the medical establishment has taken advantage of this fact to create a market for its products and services.



## Medical nemesis: The expropriation of health by Ivan Illich

★★★★☆ 4.4 out of 5

Language : English  
File size : 590 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 281 pages

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Illich provides a number of examples of how the medical establishment has expropriated health. One example is the way that the medical establishment has defined illness. In the past, illness was seen as a natural part of life. However, the medical establishment has now defined illness as anything that deviates from the norm. This has led to a situation where people are constantly being diagnosed with new diseases, even though they may not be actually sick.

Another example of how the medical establishment has expropriated health is the way that it has promoted the use of medical technology. Illich argues that medical technology has done more harm than good. He points to the fact that the average life expectancy in the United States has not increased significantly since the advent of modern medicine. In fact, he argues that it has actually decreased in some cases.

Illich concludes by arguing that the medical establishment is a threat to our health. He calls for a return to a more holistic approach to health care, one that focuses on prevention and self-care. He also calls for a more critical attitude towards the medical establishment.

*Medical Nemesis: The Expropriation of Health* is a powerful and provocative book that challenges our assumptions about health and illness. It is a must-read for anyone who is interested in the future of health care.

## **Reviews**

"Illich's book is a powerful indictment of the medical establishment. He argues that the medical establishment has become a powerful force that is more interested in making money than in promoting health. He provides a wealth of evidence to support his claims, including statistics, studies, and

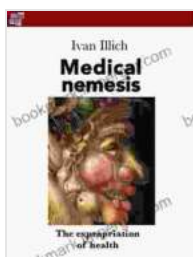
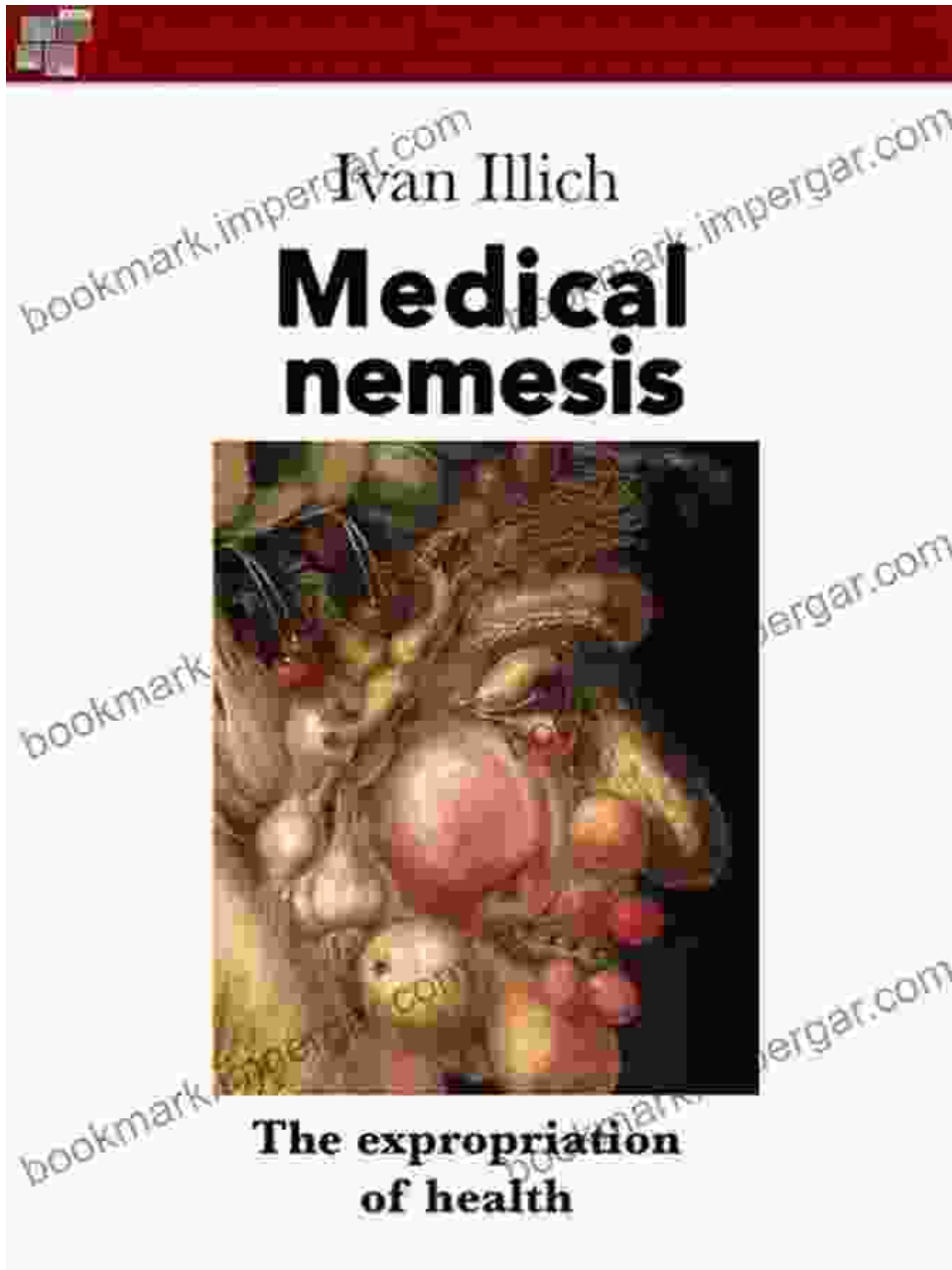
case histories. He also offers a number of solutions to the problems he identifies." - *The New York Times*

"Illich's book is a must-read for anyone who is interested in the future of health care. It is a powerful and provocative book that challenges our assumptions about health and illness." - *The Washington Post*

"Illich's book is a groundbreaking work that exposes the dark side of modern medicine. It is a must-read for anyone who is concerned about the future of health care." - *The Guardian*

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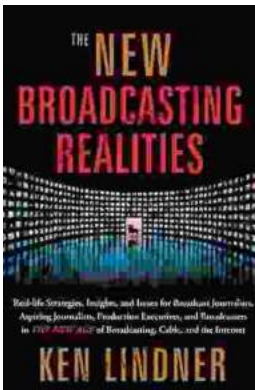
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