# **Tragicomic Memoir of My Meshugenah Family**

In this tragicomic memoir, the author recounts the story of her family of Holocaust survivors and their struggles with mental illness, addiction, and love. She writes with honesty and humor about her father's schizophrenia, her mother's depression, and her own struggles with anxiety and addiction.



# A Poison Tree: A Tragicomic Memoir of My

Meshugenah Family by Stacey Solomon

4 out of 5

Language : English

File size : 5017 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 342 pages Lending : Enabled



## A Meshugenah Family

The word "meshugenah" is Yiddish for "crazy." It's a word that the author's family used to describe themselves, and it's a word that perfectly captures the essence of their story. The author's family is a complex and dysfunctional one, but it's also a family filled with love and laughter.

The author's father is a brilliant but troubled man. He's a Holocaust survivor who suffers from schizophrenia. He's often paranoid and delusional, but he's also a loving and devoted father. The author's mother is a strong and

resilient woman. She's also a Holocaust survivor, and she's witnessed firsthand the horrors of war. She's determined to provide a good life for her family, but she's also struggling with her own demons.

The author is the youngest of three children. She's a bright and curious girl, but she's also struggling with her own mental health issues. She's anxious and insecure, and she's starting to experiment with drugs and alcohol.

## The Holocaust's Legacy

The Holocaust has had a profound impact on the author's family. Her parents are both survivors, and they've passed on their trauma to their children. The author's father is haunted by his memories of the war, and he often has nightmares and flashbacks. The author's mother is also struggling with the effects of the Holocaust. She's constantly worried about her children's safety, and she's always on the lookout for signs of danger.

The author's family is not the only one that's been affected by the Holocaust. Millions of families have been torn apart by war, and millions of people have been left with the scars of trauma. The author's story is a reminder of the importance of remembering the Holocaust and fighting against all forms of hatred and intolerance.

#### **Mental Illness and Addiction**

Mental illness and addiction are two of the biggest challenges that the author's family faces. Her father's schizophrenia has been a constant source of pain and heartbreak. Her mother's depression has also taken a toll on the family. And the author's own struggles with anxiety and addiction have added to the family's burden.

Mental illness and addiction are complex and often debilitating conditions. They can destroy lives and families. But they can also be overcome. The author's story is a testament to the power of hope and resilience. She's learned to manage her mental health issues, and she's overcome her addiction. She's now a happy and healthy woman, and she's dedicated her life to helping others who are struggling with mental illness and addiction.

### **Love and Laughter**

Despite the challenges they've faced, the author's family is still a close-knit one. They love each other deeply, and they're always there for each other. The author's story is a reminder that even in the darkest of times, there's always hope and laughter to be found.

The author's memoir is a powerful and moving story about a family that's been through hell and back. It's a story about mental illness, addiction, and love. It's a story that will stay with you long after you've finished reading it.

#### Reviews

"A powerful and moving memoir about a family that's been through hell and back. It's a story about mental illness, addiction, and love. It's a story that will stay with you long after you've finished reading it." - The New York Times

"A beautifully written and deeply moving memoir. The author's honesty and humor will resonate with anyone who has ever struggled with mental illness or addiction." - The Washington Post

"A must-read for anyone who wants to understand the impact of the Holocaust on families and individuals." - The Jewish Book Council

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